



K-6 LUNCH

December, 2018

Food Zone

Monday	Tuesday	Wednesday	Thursday	Friday
3 *Pineapple & Vegetable Teriyaki Chicken Stir Fry Brown Rice Fruit Milk-1% or Flavored Fat Free, or Skim	4 *Grilled Cheese & Tomato Soup Baked Fries Fruit Cup Milk-1% or Flavored Fat Free, or Skim	5 <u>*Breakfast for Lunch</u> Chicken and Waffles Roasted Potatoes Grapes Milk-1% or Flavored Fat Free, or Skim	6 Hamburger on Whole Grain Bun Baked Beans Buttered Broccoli Orange Milk-1% or Flavored Fat Free, or Skim	7 *Cheese or Pepperoni Pizza Baked Fries Buttered Green Beans Applesauce Milk-1% or Flavored Fat Free, or Skim
10 Chicken Drumstick Mixed Vegetables WG Dinner Roll Fruit Milk-1% or Flavored Fat Free, or Skim	11 *Macaroni & Cheese Buttered Broccoli Tomato & Black Bean Corn Salad Fruit Cup Milk-1% or Flavored Fat Free, or Skim	12 Sweet & Sour Chicken Fried Rice Asian Cabbage & Edamame Salad Grapes Milk-1% or Flavored Fat Free, or Skim	13 Meatball Sub on Whole Wheat Hoagie Sautéed Green Beans Potato Smiles Orange Milk-1% or Flavored Fat Free, or Skim	14 *Cheese or Pepperoni Pizza Baked Fries Baby Carrots Applesauce Milk-1% or Flavored Fat Free, or Skim
17 Chicken Nuggets Potato Wedges Collard Green Whole Grain Biscuit Fruit Milk-1% or Flavored Fat Free, or Skim	18 Walking Doritos Taco's served w/lettuce, tomato, & cheese Black Bean & Corn Salad Fruit Cup Milk-1% or Flavored Fat Free, or Skim	19 <u>*Breakfast for Lunch</u> Mini French Toast Sticks Turkey Sausage Roasted Potatoes Grapes Milk-1% or Flavored Fat Free, or Skim	20 Chicken Sandwich on Whole Wheat Bun Baked Beans Baby Carrots Orange Milk-1% or Flavored Fat Free, or Skim	NO SCHOOL WINTER BREAK
NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK
Grades 4-6 Only <u>2nd Entrée Option</u> *Grilled Cheese	Grades 4-6 Only <u>2nd Entrée Option</u> Hamburger	Grades 4-6 Only <u>2nd Entrée Option</u> Hot Dogs	Grades 4-6 Only <u>2nd Entrée Option</u> *Cheese Bosco Stick w/ Marinara	Grades 4-6 Only <u>2nd Entrée Option</u> Chicken Nuggets

Daily Produce Bar available with purchase of school meal. Variety of fresh vegetable available.
LUNCH PRICE \$2.85

Menu Subject to Change

Any questions please call the Food Service Director Christopher Crist 216.691.2099 or email crist@sel.k12.oh.us
 This institution is an equal opportunity provider.