



# K-6 LUNCH

## January, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>NO SCHOOL WINTER BREAK</b>	2 <b>NO SCHOOL WINTER BREAK</b>	3 <b>NO SCHOOL WINTER BREAK</b>	4 <b>NO SCHOOL WINTER BREAK</b>
7 <b>NO SCHOOL WINTER BREAK</b>	8 *Italian Baked Pasta and Meatballs Buttered Corn Fruit Cup Milk-1% or Flavored Fat Free, or Skim	9 Popcorn Chicken Bowl Mashed Potatoes w/Gravy Steamed Broccoli Dinner Roll Grapes Milk-1% or Flavored Fat Free, or Skim	10 Chicken Corn Dogs Green Bean Casserole Orange Milk-1% or Flavored Fat Free, or Skim	11 *Cheese or Pepperoni Pizza Baked Fries Marinated Cucumber & Edamame Salad Applesauce Milk-1% or Flavored Fat Free, or Skim
14 *Pineapple & Vegetable Teriyaki Chicken Stir Fry Brown Rice Fruit Milk-1% or Flavored Fat Free, or Skim	15 *Grilled Cheese & Tomato Soup Baked Fries Fruit Cup Milk-1% or Flavored Fat Free, or Skim	16 <u>*Breakfast for Lunch</u> Chicken and Waffles Roasted Potatoes Grapes Milk-1% or Flavored Fat Free, or Skim	17 Hamburger on Whole Grain Bun Baked Beans Buttered Broccoli Orange Milk-1% or Flavored Fat Free, or Skim	18 *Cheese or Pepperoni Pizza Baked Fries Buttered Green Beans Applesauce Milk-1% or Flavored Fat Free, or Skim
21 <b>NO SCHOOL MARTIN LUTHER KING DAY</b>	22 *Macaroni & Cheese Buttered Broccoli Tomato & Black Bean Corn Salad Fruit Cup Milk-1% or Flavored Fat Free, or Skim	23 Sweet & Sour Chicken Fried Rice Asian Cabbage & Edamame Salad Grapes Milk-1% or Flavored Fat Free, or Skim	24 Meatball Sub on Whole Wheat Hoagie Sautéed Green Beans Potato Smiles Orange Milk-1% or Flavored Fat Free, or Skim	25 *Cheese or Pepperoni Pizza Baked Fries Baby Carrots Applesauce Milk-1% or Flavored Fat Free, or Skim
28 Chicken Nuggets Potato Wedges Collard Green Whole Grain Biscuit Fruit Milk-1% or Flavored Fat Free, or Skim	29 Walking Doritos Taco's served w/lettuce, tomato, & cheese Black Bean & Corn Salad Fruit Cup Milk-1% or Flavored Fat Free, or Skim	30 <u>*Breakfast for Lunch</u> Mini French Toast Sticks Turkey Sausage Roasted Potatoes Grapes Milk-1% or Flavored Fat Free, or Skim	31 Chicken Sandwich on Whole Wheat Bun Baked Beans Baby Carrots Orange Milk-1% or Flavored Fat Free, or Skim	
<b>Grades 4-6 Only</b> <u><b>2<sup>nd</sup> Entrée Option</b></u> *Grilled Cheese	<b>Grades 4-6 Only</b> <u><b>2<sup>nd</sup> Entrée Option</b></u> Hamburger	<b>Grades 4-6 Only</b> <u><b>2<sup>nd</sup> Entrée Option</b></u> Hot Dogs	<b>Grades 4-6 Only</b> <u><b>2<sup>nd</sup> Entrée Option</b></u> *Cheese Bosco Stick w/ Marinara	<b>Grades 4-6 Only</b> <u><b>2<sup>nd</sup> Entrée Option</b></u> Chicken Nuggets

**Daily Produce Bar available with purchase of school meal. Variety of fresh vegetable available.  
LUNCH PRICE \$2.85**

*Menu Subject to Change*

Any questions please call the Food Service Director Christopher Crist 216.691.2099 or email [crist@sel.k12.oh.us](mailto:crist@sel.k12.oh.us)  
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