



K-6 LUNCH

November, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Corn Dogs Green Bean Casserole Orange Milk-1% or Flavored Fat Free, or Skim	2 *Cheese or Pepperoni Pizza Baked Fries Marinated Cucumber & Edamame Salad Applesauce Milk-1% or Flavored Fat Free, or Skim
5 *Pineapple & Vegetable Teriyaki Chicken Stir Fry Brown Rice Fruit Milk-1% or Flavored Fat Free, or Skim	6 *Grilled Cheese & Tomato Soup Baked Fries Fruit Cup Milk-1% or Flavored Fat Free, or Skim	7 <u>*Breakfast for Lunch</u> Chicken and Waffles Roasted Potatoes Grapes Milk-1% or Flavored Fat Free, or Skim	8 Hamburger on Whole Grain Bun Baked Beans Buttered Broccoli Orange Milk-1% or Flavored Fat Free, or Skim	9 *Cheese or Pepperoni Pizza Baked Fries Buttered Green Beans Applesauce Milk-1% or Flavored Fat Free, or Skim
12 Chicken Drumstick Mixed Vegetables WG Dinner Roll Fruit Milk-1% or Flavored Fat Free, or Skim	13 *Macaroni & Cheese Buttered Broccoli Tomato & Black Bean Corn Salad Fruit Cup Milk-1% or Flavored Fat Free, or Skim	14 Sweet & Sour Chicken Fried Rice Asian Cabbage & Edamame Salad Grapes Milk-1% or Flavored Fat Free, or Skim	15 Meatball Sub on Whole Wheat Hoagie Sautéed Green Beans Potato Smiles Orange Milk-1% or Flavored Fat Free, or Skim	16 NO SCHOOL (K-6 ONLY)
19 Chicken Nuggets Potato Wedges Collard Green Whole Grain Biscuit Fruit Milk-1% or Flavored Fat Free, or Skim	20 Walking Doritos Taco's served w/lettuce, tomato, & cheese Black Bean & Corn Salad Fruit Cup Milk-1% or Flavored Fat Free, or Skim	21 NO SCHOOL THANKSGIVING BREAK	22 NO SCHOOL THANKSGIVING BREAK	23 NO SCHOOL THANKSGIVING BREAK
26 NO SCHOOL THANKSGIVING BREAK	27 *Italian Baked Pasta and Meatballs Buttered Corn Fruit Cup Milk-1% or Flavored Fat Free, or Skim	28 Popcorn Chicken Bowl Mashed Potatoes w/Gravy Steamed Broccoli Dinner Roll Grapes Milk-1% or Flavored Fat Free, or Skim	29 Chicken Corn Dogs Green Bean Casserole Orange Milk-1% or Flavored Fat Free, or Skim	30 *Cheese or Pepperoni Pizza Baked Fries Cucumber & Edamame Salad Applesauce Milk-1% or Flavored Fat Free, or Skim
Grades 4-6 Only <u>2nd Entrée Option</u> *Grilled Cheese	Grades 4-6 Only <u>2nd Entrée Option</u> Hamburger	Grades 4-6 Only <u>2nd Entrée Option</u> Hot Dogs	Grades 4-6 Only <u>2nd Entrée Option</u> *Cheese Bosco Stick w/ Marinara	Grades 4-6 Only <u>2nd Entrée Option</u> Chicken Nuggets

Daily Produce Bar available with purchase of school meal. Variety of fresh vegetable available. LUNCH PRICE \$2.85

Menu Subject to Change

Any questions please call the Food Service Director Christopher Crist 216.691.2099 or email crist@sel.k12.oh.us
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