



# K-8 BREAKFAST

## December, 2018

# Food Zone

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pillsbury Cinnamon Twist Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	4 WG Chocolate Chip French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	5 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	6 Sausage, Egg & Cheese Sliders Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	7 WG Strawberry Pancakes Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
10 Whole Grain Banana Bread Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	11 Cinnamon French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	12 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	13 Pancake Wrapped Turkey Sausage Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	14 WG Mini Blueberry Waffles Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
17 Pillsbury Cinnamon Twist Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	18 WG Chocolate Chip French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	19 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	20 Sausage, Egg & Cheese Sliders Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	21 <b>NO SCHOOL WINTER BREAK</b>
24 <b>NO SCHOOL WINTER BREAK</b>	25 <b>NO SCHOOL WINTER BREAK</b>	26 <b>NO SCHOOL WINTER BREAK</b>	27 <b>NO SCHOOL WINTER BREAK</b>	28 <b>NO SCHOOL WINTER BREAK</b>
<b>Breakfast \$2.00</b>				

**Menu Subject to Change**

Any questions please call the Food Service Director Christopher Crist 216.691.2099 or email [crist@sel.k12.oh.us](mailto:crist@sel.k12.oh.us)  
This institution is an equal opportunity provider.

