



K-8 BREAKFAST

January, 2019

Food Zone

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL WINTER BREAK	2 NO SCHOOL WINTER BREAK	3 NO SCHOOL WINTER BREAK	4 NO SCHOOL WINTER BREAK
7 NO SCHOOL WINTER BREAK	8 Cinnamon French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	9 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	10 Pancake Wrapped Turkey Sausage Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	11 WG Mini Blueberry Waffles Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
14 Pillsbury Cinnamon Twist Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	15 WG Chocolate Chip French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	16 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	17 Sausage, Egg & Cheese Sliders Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	18 WG Strawberry Pancakes Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
21 NO SCHOOL MARTIN LUTHER KING DAY	22 Cinnamon French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	23 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	24 Pancake Wrapped Turkey Sausage Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	25 WG Mini Blueberry Waffles Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
28 Pillsbury Cinnamon Twist Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	29 WG Chocolate Chip French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	30 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	31 Sausage, Egg & Cheese Sliders Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	
Breakfast \$2.00				

Menu Subject to Change

Any questions please call the Food Service Director Christopher Crist 216.691.2099 or email crist@sel.k12.oh.us
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