



K-8 BREAKFAST

November, 2018

Food Zone

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pancake Wrapped Turkey Sausage Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	2 WG Mini Blueberry Waffles Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
5 Pillsbury Cinnamon Twist Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	6 WG Chocolate Chip French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	7 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	8 Sausage, Egg & Cheese Sliders Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	9 WG Strawberry Pancakes Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
12 Whole Grain Banana Bread Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	13 Cinnamon French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	14 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	15 Pancake Wrapped Turkey Sausage Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	16 NO SCHOOL (K-6 Only)
19 Pillsbury Cinnamon Twist Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	20 WG Chocolate Chip French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	21 NO SCHOOL THANKSGIVING BREAK	22 NO SCHOOL THANKSGIVING BREAK	23 NO SCHOOL THANKSGIVING BREAK
26 NO SCHOOL THANKSGIVING BREAK	27 Cinnamon French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	28 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	29 Pancake Wrapped Turkey Sausage Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	30 WG Mini Blueberry Waffles Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
Breakfast \$2.00				

Menu Subject to Change

Any questions please call the Food Service Director Christopher Crist 216.691.2099 or email crist@sel.k12.oh.us
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