



K-8 BREAKFAST

October, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pillsbury Cinnamon Twist Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	2 WG Chocolate Chip French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	3 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	4 Sausage, Egg & Cheese Sliders Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	5 WG Strawberry Pancakes Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
8 Whole Grain Banana Bread Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	9 Cinnamon French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	10 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	11 Pancake Wrapped Turkey Sausage Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	12 NO SCHOOL
15 Pillsbury Cinnamon Twist Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	16 WG Chocolate Chip French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	17 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	18 Sausage, Egg & Cheese Sliders Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	19 WG Strawberry Pancakes Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
22 Whole Grain Banana Bread Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	23 Cinnamon French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	24 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim	25 Pancake Wrapped Turkey Sausage Applesauce 100% Juice Milk-1% or Flavored Fat Free, or Skim	26 WG Mini Blueberry Waffles Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim
29 Pillsbury Cinnamon Twist Fruit Cup 100% Juice Milk-1% or Flavored Fat Free, or Skim	30 WG Chocolate Chip French Toast Fresh Fruit 100% Juice Milk-1% or Flavored Fat Free, or Skim	31 Whole Grain Cereal Cheese Stick Raisins 100% Juice Milk-1% or Flavored Fat Free, or Skim		
Breakfast \$2.00				

Menu Subject to Change

Any questions please call the Food Service Director Christopher Crist 216.691.2099 or email crist@sel.k12.oh.us
This institution is an equal opportunity provider.

