



# 9-12

## LUNCH MENU

### WEEK 1 – BREAKFAST – WEEK STARTING 5/3, 5/17

Monday	Tuesday	Wednesday	Thursday	Friday
EGG & CHEESE ON WG ENGLISH MUFFIN 100% Fruit Juice Fat Free or 1% MILK	WG APPLE FREUDAL 100% Fruit Juice Fat Free or 1% MILK	WG CINNAMON PULL APART 100% Fruit Juice Fat Free or 1% MILK	SAUSAGE & CHEESE ON WG BISCUIT 100% Fruit Juice Fat Free or 1% MILK	WG CHERRY FREUDAL 100% Fruit Juice Fat Free or 1% MILK

### WEEK 1 – LUNCH

POPCORN CHICKEN  MASHED POTATOES W/BUTTERED CORN  FRESH BAKED WG DINNER ROLL  APPLESAUCE  Fat Free or 1% MILK	CHEESEBURGER ON WG BUN  BAKED FRIES  FRESH HAND FRUIT  Fat Free or 1% MILK	WG INDIVIDUAL PIZZA  VEGETABLE STICKS W/RANCH DRESSING  RAISINS  Fat Free or 1% MILK	MAC & CHEESE  FRESH BAKED WG DINNER ROLL  SEASONED GREEN BEANS  FRESH FRUIT  Fat Free or 1% MILK	CHICKEN PATTY ON WG BUN  VEGGIE BAG  SUNCHIPS  100% FRUIT CUP  Fat Free or 1% MILK
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### SATURDAY & SUNDAY – MINI WAFFLES & PANCAKES MINI CORN DOGS, CHEESY BREADSTICKS, FRIES

### WEEK 2 – BREAKFAST - WEEK STARTING 5/10, 5/24

Monday	Tuesday	Wednesday	Thursday	Friday
EGG & CHEESE ON WG ENGLISH MUFFIN 100% Fruit Juice Fat Free or 1% MILK	WG APPLE FREUDAL 100% Fruit Juice Fat Free or 1% MILK	WG CINNAMON PULL APART 100% Fruit Juice Fat Free or 1% MILK	SAUSAGE & CHEESE ON WG BISCUIT 100% Fruit Juice Fat Free or 1% MILK	WG CHERRY FREUDAL 100% Fruit Juice Fat Free or 1% MILK

### WEEK 2 - LUNCH

WG CALZONE W/MARINARA CUP  VEGETABLE STICKS  APPLESAUCE  Fat Free or 1% MILK	CHEESEBURGER ON WG BUN  BAKED FRIES  FRESH HAND FRUIT  Fat Free or 1% MILK	SLICE OF WG CHEESE PIZZA  CARROTS & CELERY STICKS W/RANCH  RICE KRISPY TREAT  100% FRUIT CUP  Fat Free or 1% MILK	CHICKEN PHILLY W/PEPPERS, ONIONS & CHEESE ON WG HOAGIE BUN  FRIES  ROASTED BROCCOLI  FRESH FRUIT  Fat Free or 1% MILK	BAKED CHICKEN WINGS CELERY STICKS W/RANCH  WG BISCUIT  POTATO WEDGES  100% FRUIT CUP  Fat Free or 1% MILK
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### SATURDAY & SUNDAY – MINI WAFFLES & PANCAKES CHICKEN TENDERS, CALZONE, FRIES

MENU SUBJECT TO CHANGE

Any questions, please call the Food Service Director Christopher Crist 216.691.2099 or email [crist@sel.k12.oh.us](mailto:crist@sel.k12.oh.us)  
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