



Brush Memorial

Lunch Menu Week of November 5th – November 9th, 2012



	Monday 11/5	Tuesday 11/6	Wednesday 11/7	Thursday 11/8	Friday 11/9
Signature	Sock-Rockin' Chili Milk	NO SCHOOL ELECTION DAY	Rotini & Meat Sauce Milk	Beef & Refried Bean Burrito Milk	Hot Italian Sub Milk
Grill	Hamburger Cheeseburger Spicy Chicken	NO SCHOOL ELECTION DAY	Hamburger Cheeseburger Spicy Chicken	Hamburger Cheeseburger Spicy Chicken	Hamburger Cheeseburger Spicy Chicken
Pizza	Cheese Pepperoni	NO SCHOOL ELECTION DAY	Cheese Pepperoni	Cheese Pepperoni	Cheese Pepperoni
Deli	Salad Bar	NO SCHOOL ELECTION DAY	Salad Bar	Salad Bar	Salad Bar
Sides	Fresh Apple Slices Apricots Cheesy Breadsticks w/Marinara Sauce	NO SCHOOL ELECTION DAY	Whole Grain Roll Garlic Broccoli Fresh Apple Slices Fresh Banana	Spinach Strawberry Salad Fruit Juice Tortilla Scoops with Salsa	Orange Glazed Carrots Potato Rounds Fruit Cocktail Fresh Grapes

Lunch \$3.00

Includes: Choice of One Entrée, Two Servings of Fruits and Vegetables, One Grain or Bread and One Low-Fat Milk

Lunch also available
In the Fresh Market!

Nutritional Targets

Calories: 846, Iron: 4.5 mg, Calcium: 400 mg, Vitamin A: 1500 IU,
Vitamin C: 19.18 mg, Protein: 16.7 g, Total Fat Less Than 30%,
Saturated Fat Less Than 10%

Please discuss any food allergy issues concerning your child with Executive Chef Kevin Needham

No child will be discriminated against because of race, color, national origin, age or disability.
If you believe you have been discriminated against, write to the Department of Agriculture, Washington, D.C. 20250

