



# Food Zone

## Adrian/Rowland/Sunview Breakfast Menu November, 2012

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cocoa Puff Cereal Bar Orange Juice Cheese Stick Milk	2 Blueberry Muffin String Cheese Apple Juice Milk
5 Banana Muffin Cheese Stick Orange Juice Milk	6 NO SCHOOL ELECTION DAY	7 Blueberry Muffin Cheese Stick Fruit Juice Milk	8 Whole Grain Poptart Orange Juice Cheese Stick Milk	9 Cinnamon Toast Crunch Apple Cheese Stick Milk
12 Cheerios Bar Graham Goldfish Fresh Fruit Milk	13 Cocoa Puff Cereal Bar Cheese Stick Fruit Juice Milk	14 Cinnamon Toast Crunch Apple Cheese Stick Milk	15 Fruit Yogurt Honey Graham Cracker Apple Juice Milk	16 NO SCHOOL
19 Fruit Yogurt Honey Graham Cracker Fresh Fruit Milk	20 Crunch Mania Fresh Fruit Yogurt Milk	21 NO SCHOOL THANKSGIVING BREAK	22 NO SCHOOL THANKSGIVING BREAK	23 NO SCHOOL THANKSGIVING BREAK
26 Cheerios Bar Graham Goldfish Fresh Fruit Milk	27 Cocoa Puff Cereal Bar Cheese Stick Fruit Juice Milk	28 Whole Grain Poptart Cheese Stick Fruit Juice Milk	29 Crunch Mania Fresh Fruit Yogurt Milk	30 Special K Cereal Bar Fresh Fruit Graham Cracker Milk

\$1.85

Please Choose 3 of the 4

FUN FOOD FACT: Strawberries are the only fruit with seeds on the outside of their skin.

