



# K-6 Lunch Food Zone

November  
2024

Variety of Fresh Fruits and Vegetables Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Chicken Tacos Brown Rice Salsa Black Beans Baby Carrots Diced Peaches Apple 1% Unflavored Milk Fat Free Chocolate Milk
4 Cheese Bosco Sticks Marinara Sauce  Steamed Green Beans Baby Carrots Diced Peaches Banana 1% Unflavored Milk Fat Free Chocolate Milk	5 <b>HOM - Rosemary</b> Beef Hot Dog on a Bun  Garlic Rosemary Potatoes Red/Orange Vegetable Mixed Fruit Banana 1% Unflavored Milk Fat Free Chocolate Milk	6 Beefy Nachos with Homemade Cheese  Refried Beans Cherry Tomato Pineapple Tidbits Apple 1% Unflavored Milk Fat Free Chocolate Milk	7 Chicken Parmesan w/Pasta Whole Grain Dinner Roll  Roasted Broccoli Baby Carrots Applesauce Orange Quarters 1% Unflavored Milk Fat Free Chocolate Milk	8 <b>NO SCHOOL</b>
11 Hamburger on a Bun  Sweet Potato Tots Cucumber Slices Diced Peaches Apple 1% Unflavored Milk Fat Free Chocolate Milk	12 Corn Dog  Baked Beans, Vegetarian Baby Carrots Mixed Fruit Banana 1% Unflavored Milk Fat Free Chocolate Milk	13 Meatballs and Gravy Whole Grain Dinner Roll  Mashed Potatoes Cucumber Slices Pineapple Tidbits Apple 1% Unflavored Milk Fat Free Chocolate Milk	14 Chicken Bites w/ Sweet & Sour Sauce Brown Rice  Kung Fu Carrots Cherry Tomato Applesauce Banana 1% Unflavored Milk Fat Free Chocolate Milk	15 Cheese Pizza  Roasted Broccoli Garden Salad Diced Peaches Banana 1% Unflavored Milk Fat Free Chocolate Milk
18 Macaroni & Cheese Whole Grain Dinner Roll  Broccoli Florets Cherry Tomato Diced Peaches Orange Quarters 1% Unflavored Milk Fat Free Chocolate Milk	19 Soft Beef Tacos  Black Beans  Cherry Tomato Mixed Fruit Banana 1% Unflavored Milk Fat Free Chocolate Milk	20	21 Popcorn Chicken Bowl Whole Grain Dinner Roll  Mashed Potatoes Steamed Corn Cherry Tomato Applesauce Banana 1% Unflavored Milk Fat Free Chocolate Milk	22 Cheese Pizza Garden Salad  Steamed Peas Cucumber Slices Diced Peaches Orange Quarters 1% Unflavored Milk Fat Free Chocolate Milk
25 Roast Turkey & Gravy Mashed Potatoes Whole Grain Dinner Roll Glazed Carrots Celery Sticks Diced Peaches Orange Quarters 1% Unflavored Milk Fat Free Chocolate Milk	26 <b>HOM - Sweet Potato</b> Corn Dog Sweet Potato Tots  Celery Sticks Mixed Fruit Banana 1% Unflavored Milk Fat Free Chocolate Milk	27 <b>NO SCHOOL</b>	28 <b>NO SCHOOL</b>	29 <b>NO SCHOOL</b>

PRICES

EXTRA INFO

Any questions please call the Food Service Director Carrie Garren 216.691.2099 or email garrenc@sel.k12.oh.us

HARVEST OF



THE MONTH

Your MENUS plus more information on our app  
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