



K-8 LUNCH MENU

WEEK 1 – BREAKFAST – WEEK STARTING 3/8, 3/22

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| WG CHERRY COCOA BAR 100% Fruit Juice Fat Free or 1% MILK | WG POPTART 100% Fruit Juice Fat Free or 1% MILK | WG BREAKFAST BREAD 100% Fruit Juice Fat Free or 1% MILK | WG CINNAMON PRETZEL 100% Fruit Juice Fat Free or 1% MILK | WG CEREAL BAR 100% Fruit Juice Fat Free or 1% MILK |

WEEK 1 – LUNCH

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| WG INDIVIDUAL PIZZA FRESH VEGGIE STICKS W/RANCH DRESSING FRESH FRUIT Fat Free or 1% MILK | CHICKEN TENDER WG WRAP W/CHEESE & LETTUCE BBQ PACKET FRESH FRUIT Fat Free or 1% MILK | TURKEY W/CHEESE ON WG HOAGIE MAYO & MUSTARD PACKETS WG MINI RICE KRISPY TREAT CARROTS STICKS FRESH FRUIT Fat Free or 1% MILK | WALKING BEEF TACO CHEESE, BLACK BEANS & CORN WG DORITOS SALSA CUP FRESH FRUIT Fat Free or 1% MILK | WG ITALIAN SUB HAM, TURKEY PEPPERONI & CHEESE ITALIAN DRESSING PACKET VEGGIE BAG SUNCHIPS FRESH FRUIT Fat Free or 1% MILK |
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**SATURDAY & SUNDAY –WG MINI WAFFLES & PANCAKES
MINI WG CHICKEN CORN DOGS, CHEESY WG BREADSTICKS, FRIES**

WEEK 2 – BREAKFAST - WEEK STARTING 3/1, 3/15, 3/29

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| WG POPTART 100% Fruit Juice Fat Free or 1% MILK | WG CHOCOLATE MUFFIN 100% Fruit Juice Fat Free or 1% MILK | WG CEREAL BAR 100% Fruit Juice Fat Free or 1% MILK | WG APPLE OR CHERRY FREUDAL 100% Fruit Juice Fat Free or 1% MILK | WG CEREAL BAR 100% Fruit Juice Fat Free or 1% MILK |

WEEK 2 - LUNCH

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| WG BOSCO BREAD STICKS W/MARINARA CUP VEGETABLE STICKS FRESH FRUIT Fat Free or 1% MILK | <u>LUNCHABLE DAY</u> CHICKEN NUGGETS CHEESE STICK, WG GOLDFISH CRACKERS CARROT STICKS W/ RANCH DRESSING FRESH FRUIT Fat Free or 1% MILK | TURKEY HAM & CHEESE ON WG BUN MAYO & MUSTARD PACKETS SUNCHIPS CELERY STICKS FRESH FRUIT Fat Free or 1% MILK | WALKING CHICKEN TACO CORN, BLACK BEANS, CHEESE WG TOSTITO CHIPS SALSA CUP FRESH FRUIT Fat Free or 1% MILK | WG FRENCH BREAD PIZZA CARROTS & CELERY STICKS W/ RANCH DRESSING WG MINI RICE KRISPY TREAT FRESH FRUIT Fat Free or 1% MILK |
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**SATURDAY & SUNDAY –WG MINI WAFFLES & PANCAKES
WG CHICKEN TENDERS, WG CALZONE, FRIES**

MENU SUBJECT TO CHANGE

Any questions, please call the Food Service Director Christopher Crist 216.691.2099 or email crist@sel.k12.oh.us
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