



# Memorial Junior High School Breakfast

November  
2024

Variety of Fresh Fruits and Vegetables Daily  
Choice of 1% Milk or Fat Free Chocolate Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>28</p> <p>This is for Food 4 Thought</p>	<p>29</p>	<p>30</p>	<p>31</p>	<p>1</p> <p>Cinnamon Roll</p> <p>Mixed Fruit 100% Apple Juice 1% Unflavored Milk Fat Free Chocolate Milk Apple</p>
<p>4</p> <p>Turkey Sausage Biscuit with Cheese</p> <p>Diced Peaches 100% Apple Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>5</p> <p>Breakfast Taco</p> <p>Banana 100% Orange Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>6</p> <p>French Toast Sticks</p> <p>Cinnamon Applesauce 100% Fruit Punch Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>7</p> <p>Breakfast Burrito</p> <p>Banana 100% Apple Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>8</p>
<p>11</p> <p>Chicken Breakfast Biscuit</p> <p>Apple 100% Apple Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>12</p> <p>Mini Pancakes</p> <p>Clementine Orange 100% Orange Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>13</p> <p>Breakfast Toaster Sandwich</p> <p>Diced Peaches 100% Grape Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>14</p> <p>Choice of Frudel</p> <p>Banana 100% Apple Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>15</p> <p>Sausage Breakfast Pizza</p> <p>Diced Peaches 100% Apple Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>
<p>18</p> <p>Mini Eggo Waffles</p> <p>Cinnamon Applesauce 100% Apple Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>19</p> <p>Pancakes</p> <p>Clementine Orange 100% Orange Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>20</p> <p>NO SCHOOL</p>	<p>21</p> <p>Scrambled Egg English Muffin</p> <p>Apple 100% Apple Juice 1% Unflavored Milk 1% Low Fat Chocolate Milk</p>	<p>22</p> <p>Cinnamon Roll</p> <p>Mixed Fruit 100% Apple Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>
<p>25</p> <p>Turkey Sausage Biscuit with Cheese</p> <p>Mixed Fruit 100% Apple Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>26</p> <p>Breakfast Taco</p> <p>Apple 100% Orange Juice 1% Unflavored Milk Fat Free Chocolate Milk</p>	<p>27</p>	<p>28</p>	<p>29</p>

PRICES

EXTRA INFO

Any questions please call the food service  
Director Carrie Garren 216.691.2099 or email  
garrenc@sel.k12.oh.us

HARVEST OF



THE MONTH

Your MENUS plus more  
information on our app  
TaHer Food4Life®



www.taHer.com

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