

Daily Learning Planner

*Ideas parents can use to help children
do well in school.*

South Euclid-Lyndhurst City Schools



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Have your child replace adjectives on a printed ad with their opposites.
- 2. Help your child set a goal and write a plan to achieve it this year.
- 3. Think of something you and your child would like to learn, such as how to knit. Check out a how-to book.
- 4. Make an "I am special" scrapbook with your child. Use photographs of special events in your child's life.
- 5. Teach your child to take her pulse. Have her jump up and down 15 times and take it again. Has it changed?
- 6. Pretend you are your child's mirror. Do everything he does—in reverse.
- 7. Send your child on a treasure hunt. Make a map that will lead her to a small treat.
- 8. Challenge your child to invent a drink, such as "orange hot chocolate."
- 9. How many farm animals can your child name?
- 10. Visit the library with your child. Check out a book about outer space.
- 11. Together, plan your child's TV viewing this week.
- 12. Start a family savings plan for something special that you have already spoken about with your child.
- 13. Ask your child to close his eyes and describe sounds that he hears.
- 14. With your child, sing songs that you learned as a child. Have your child teach you a song.
- 15. Ask your child what she thinks she is good at and why.
- 16. Tonight, take a walk with your child. Look at the stars. Can you see any planets?
- 17. Trace your child's outline on a sheet of paper. Later, have him research and "map" the inside of his body.
- 18. Try a new kind of transportation with your child.
- 19. Explain to your child how people reach compromises. Give an example.
- 20. Suggest that your child write to her favorite author.
- 21. Role-play a difficult situation your child may face.
- 22. Think of several words that start with the same letter. Challenge your child to use them in a sentence that makes sense.
- 23. Try eating with chopsticks tonight.
- 24. Teach your child a skill he'll need later in life—cooking, laundry, etc.
- 25. Hold a family meeting. Discuss your family's goals and successes.
- 26. Pick a category (cities, sports) and a letter. How many items from that category can your child name that begin with that letter?
- 27. Make a chore chart with your child. List chores she's responsible for and when they should be completed.
- 28. At dinner tonight, have everyone tell how they used math today.
- 29. Ask your child to notice things that come from plants.
- 30. Choose a poem to read aloud to your child. With your feet, stamp syllables as you read.
- 31. Let our child read the label on a food your family eats. What vitamins does it contain? How much fat is in it?



Helping Children Learn
TIPS FAMILIES CAN USE TO HELP CHILDREN DO BETTER IN SCHOOL

